

## Holbrook Farm CSA Fact Sheet

At Holbrook Farm we are a family, and as a family we hope to care for each other and the land we ALL inhabit. We strive to build community around the farm and help those living in and around Bethel to eat seasonally and locally.

We are now entering our fourth year here at Holbrook, and without the support of our amazing CSA members we would not be here. This time of year we have lots of large expenses but no steady stream of income because the market is closed. We have made a commitment to sell what we grow here on the farm and not much is growing right now in the dead of the winter in Connecticut.

In order to prepare for the growing season we need to order seeds, potting soil, and fertilizer. We also have to fix and maintain our equipment, purchase and replace equipment, heat our greenhouses and seed rooms and pay our farmers! Our CSA program supports the farm in these difficult months by providing us a bit of much needed income to get up and running.

As a CSA member you are basically investing in the farm, in our team, our community and local agriculture. The return on your investment is realized in a few short months when you pick up a basket of beautiful, locally grown vegetables for 20 weeks throughout the summer.

Holbrook Farm is a member of the Connecticut Organic Farmers Association (CTNOFA) Farmers Pledge. A promise to use ecologically sustainable and resilient methods to grow both our farm and the community. We do not use chemical fertilizers, pesticides, herbicides, or fungicides, striving only to use methods that limit our impact on both human and ecological health. All of our produce is grown on the farm and if any item not grown on our farm is in the Market or your CSA basket, it will be clearly marked AND come from a friend at a nearby CT farm that shares our dedication to quality and sustainability.

### **What is a CSA:**

CSA stands for Community Supported Agriculture. By putting your money up front you demonstrate your commitment to our farm by helping us buy seeds and supplies, by helping us pay to fuel our greenhouses as we start our seedlings, and to pay our hardworking staff to plant, water, and weed our crops.

In committing to be a part of our farm community you are agreeing to both the rewards and the risks inherent in farming. Farming can be unpredictable and we cannot guarantee the success of any specific crop from week to week. Please know we will do our best for our community and our farm. Our CSA members are our top priority. In the event that we cannot fill your basket with enough fresh vegetables we will include other items from the market including (but not limited to) preserves, pickles, eggs, bread, etc. Please note, we will not be including eggs every week this season. If you have any allergies or dietary restrictions please let us know on your CSA application.

### **Pricing/Shares:**

Due to high customer demand we are only offering a Full share this year. If you are interested in a half share please email us [market@holbrookfarm.net](mailto:market@holbrookfarm.net) and we will do our best to accommodate your request.

**Full Share:** \$800 (\$200 due up front (at enrollment) the balance to be paid weekly for the duration of your share)  
June 1st - October 19th: 20 weeks

\*Many CSA programs ask for payment in full up front. We hope a smaller up front investment makes our CSA more affordable and approachable.

\*Weekly payments will be automatically processed via our website/Square. We will send you a secure credit card authorization form once you have purchased your share and paid your deposit.

\*Start and end dates may change slightly due to conditions outside of our control (ie weather)

\*Pick up is once a week. We ask that you select either Wednesday or Saturday as your designated pick up day

\*If you need to change your pick up day we ask for 24 hours notice via email

### **What is included in a typical CSA basket?**

A typical CSA basket will contain 6-8 items each week. As the season progresses you will see the contents of your basket change both in size and variety. For instance in the early weeks you can expect more greens. But, in the heat of summer greens will slow for a few weeks as they cannot always survive the highest temperatures. During this time vegetables like squash, beans and tomatoes will flourish. As temperatures cool you will see a strong return of greens as well as brascia's like Brussels sprouts and Broccoli. In the beginning of the season your selection may seem small but as we see production increase on the farm the size of your CSA basket will grow as well!

Although we cannot guarantee the success of any one crop we have included below our seed list so you can see what we will be planting and what we hope will make it from the field to your CSA basket!!

Mixed Lettuce  
Gem Lettuce Heads  
Arugula  
Spinach  
Mizuna  
Mustard Greens  
Tatsoi  
Shungiku  
Bok Choi  
Swiss Chard  
Kale  
Carrots  
Cucumbers  
Celery  
Radishes  
Beets  
Broccoli  
Brussels Sprouts  
Napa Cabbage  
Fennel  
Beans (green and wax)  
Snap Peas  
Scallions  
Garlic  
Cilantro  
Mint  
Basil  
Chives  
Tomatoes  
Hot Peppers  
Summer squashes (patty pan, zephyr and zucchini)  
Potatoes (sweet and traditional)